



DANCE OFFERED BY ROBERT DE WARREN – Fall 2019



"No matter your age or experience, this ballet class encourages balance, grace, and flexibility while doing it in a relaxed and no-pressure atmosphere," de Warren says. "This is definitely not your typical barre class because it's fun."

This series of classes is designed to encourage continuing activity and wellness for adults and seniors through gentle movement, thus preserving vitality, as evidenced by de Warren, who is 84. Throughout the hour-long class of dance movements and demonstrations, de Warren shares anecdotes and information about the history of dance and his own dance history, which adds a very special dimension to the class.

Come Dance With Me - Ballet (No ballet experience necessary)

Item: DBB1000

Tu 2:30 PM - 3:30 PM

Sessions: 10

Tu 10/1/2019 - 12/10/2019

[Robert de Warren](#)

[STC Sarasota Bldg 3 Rm 3-107](#)

Location: 4748 Beneva Rd Sarasota, FL 34233

Fee: \$139.00 NO CLASS NOVEMBER 26

Come Dance With Me - Ballet Intermediate (with ballet experience)

Item: DBB1500

Th 2:30 PM - 4:00 PM

Sessions: 10

Th 10/3/2019 - 12/12/2019

[Robert de Warren](#)

[STC Sarasota Bldg 3 Rm 3-107](#)

Location: 4748 Beneva Rd
Sarasota, FL 34233

Fee: \$199.00

Ballet with some experience, barre on the floor continues, and new: the art of expression and classical ballet mime. Wear your ballet or yoga outfits with character or soft ballet/jazz leather/cloth slippers. No street shoes on the floor (dirt). NO CLASS NOVEMBER 28

Website: sarasotacountyschools.net/schools/ace/ | School Hours

Danelle Gilberti, Program Manager | Phone: 941-361-6590 | Fax: 941-925-6662

Address: 4748 Beneva Road | Sarasota, Florida 34233 | Map it.

